

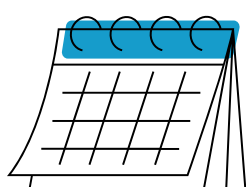
## SEN WORKSHOPS - ONLINE ZOOM TRAINING

Oasis GM PACS and NAVIGATORS, in collaboration with Reach Out, a charity specializing in ADHD and Autism, are hosting a series of free SEN workshops. Please consider registering for any of the upcoming complimentary sessions that interest you. Closer to the session times, we will send you further details and Zoom links via email.

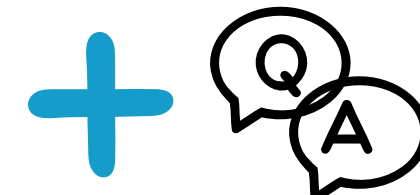
Visit our website : Parent and Carer Support | Oasis Greater Manchester  
[www.oasis-gm.org/resources](http://www.oasis-gm.org/resources)

### Session 1: Autism and Anxiety

This session will cover why autistic children may experience more anxiety, and why these often heightened levels of anxiety are reflected in child behaviour. We will also look at the need for predictability, communication that works, sensory regulation and creating a low demand environment in the home.

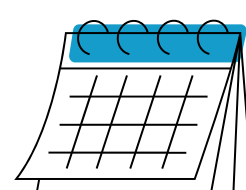


Wednesday 27th March: 2pm-4pm

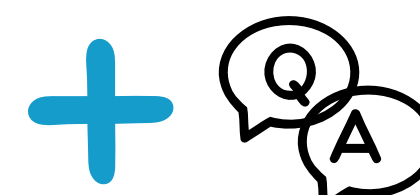


### Session 2: Structure and Routine - Practical ideas for the home

This session will look at practical ideas parents can use in the home that provide security (as touched on in session 1). We will demonstrate examples of schedules, routines and sensory activities and discuss how they can be adapted for your child.

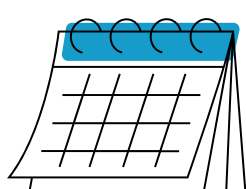


Tuesday 9th April: 2pm-4pm and 7:30pm-9:30pm

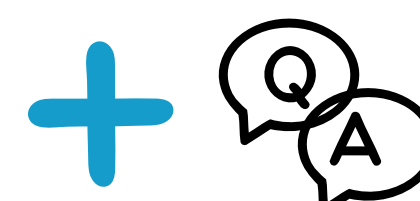


### Session 3: The EHCP Process

This session will take you through the structure of the SEND system and discuss what happens at each stage, from in-school support to applying for an Education, Health and Care Plan (EHCP). We will discuss the legal framework plus hints and tips on how to discuss issues with schools.

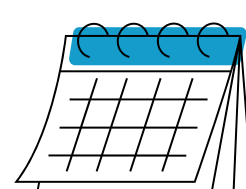


Wednesday 1st May: 2pm-4pm



### Session 4: Emotionally Based School Avoidance

This session will discuss reasons why autistic children and other SEND needs children can find going to school very difficult. We will explore what you can do in the early stages and what to do when the child experiences burnout and just can't go to school.



Tuesday 2nd May: 2pm-4pm

